



**RETURN TO PLAY FORM:
Medical Clearance Releasing the Student-Athlete to Resume
Full Participation in Athletics After an Illness or Injury**

Before a student-athlete will be allowed to resume full participation in athletics, this form must be filled out completely and signed by the appropriate medical personnel and parent/legal custodian.

The student-athlete below is being released for athletic participation following an:

- INJURY (Absent 5 or more days from practice)** **ILLNESS (COVID-like symptoms)**
 ILLNESS (Absent 5 or more days from practice)
 (Check One)

Name of Student-Athlete: _____ DOB: _____

Diagnosis: _____

Date of Diagnosis: _____

I release the above-named student-athlete to resume full participation in athletics following an illness.

 Signature of Licensed Physician, Licensed Physician Assistant,
 Licensed Nurse Practitioner (Please Circle) _____
 Date

I release the above-named student-athlete to resume full participation in athletics following an injury.

 Signature of Licensed Physician, Licensed Physician Assistant,
 Licensed Nurse Practitioner, Licensed Athletic Trainer (Please Circle) _____
 Date

 Please Print Name

 Please Print Office Address _____
 Phone Number

Parent/Legal Custodian Consent

- I am aware that the North Carolina High School Athletic Association **REQUIRES** that student-athletes absent from athletic practice for five (5) or more days due to illness or injury shall receive a medical release by either a physician licensed to practice medicine or his/her designee (nurse practitioner, or physician’s assistant) before readmittance to practice or contests.
- I acknowledge that the Licensed Health Care Provider listed above has provided medical care to my student-athlete.
- I acknowledge that the Licensed Health Care Provider listed above has released my student-athlete to resume full participation in athletics.

By signing below, I hereby give my consent for my child to resume full participation in athletics.

 Signature of Parent/Legal Custodian _____
 Date

 Please Print Name and Relationship to Student-Athlete